

# MENU



## COMIDAS / FOOD



### PEQUENO ALMOÇO / BREAKFAST

<b>Torrada / Buttered toast</b> ✓ Em pão saloio com manteiga / Rustic toasted bread with butter	3.40€
<b>Torrada com doce / Buttered toast with jam</b> ✓ Em pão saloio com manteiga e doce de abóbora, morango ou tomate Rustic toasted bread with butter and jam (pumpkin, strawberry or tomato)	4.20€
<b>Torrada com abacate / Avocado toast</b> ✓ Em pão saloio com pasta de abacate e tomate cherry Rustic toasted bread with smashed avocado and cherry tomatoes	7.90€
<b>Croissant simples / Plain croissant</b> ✓	3.40€
<b>Croissant com manteiga, doce ou Nutella</b> ✓ Croissant with butter, jam or Nutella	3.90€
<b>Croissant misto com manteiga, queijo e fiambre</b> Croissant with butter, ham and cheese	5.40€
<b>logurte com granola e fruta / Yogurt with granola and fruit</b> ✓	5.90€

### BRUNCH / BRUNCH

<b>Menu 1</b> ✓ Torrada (manteiga ou doce) + Croissant + logurte com granola e fruta + Sumo de laranja + Chá ou Café Toast (plain, butter or jam) + Croissant + Yogurt with granola and seasonal fruit + Fresh orange juice + Expresso or tea	17.50€
<b>Menu 2</b> Tosta mista ou vegetariana + Croissant + logurte com granola e fruta + Sumo de laranja + Chá ou Café Ham and cheese or vegetarian hot toasts + Croissant + Yogurt with granola and seasonal fruit + Fresh orange juice + Expresso or tea	19.50€
<b>Menu 3</b> ✓ Torrada com abacate e tomate cherry + Croissant + Ovo mexido + logurte com granola e fruta + Sumo de laranja + Chá ou Café Avocado toast + Scrambled Eggs + Croissant + Yogurt with granola and seasonal fruit + Fresh orange juice + Expresso or tea	21.50€



Brunch menu 3

### NO PÃO (Baguete) / SANDWICHES (Baguette)

<b>Mista / Cheese and ham</b> Manteiga, queijo Edam, fiambre, alface, rúcula e tomate Butter, edam cheese, ham, tomato, lettuce, rocket	6.00€
<b>Vegetariana / Vegetarian</b> ✓ Queijo Philadelphia, tomate, manjeriço, espinafres e azeite Cream cheese, tomato, basil, spinach and olive oil	6.00€
<b>Mozzarella / Mozzarella</b> ✓ Queijo mozzarella, tomate e molho pesto / Mozzarella, tomato and pesto	6.20€
<b>Abacate / Avocado</b> ✓ Pasta de abacate, mozzarella e tomate / Smashed avocado, mozzarella and tomato	8.20€
<b>Salmão / Smoked salmon</b> Salmão fumado, queijo Philadelphia e rúcula Smoked salmon, cream cheese, and rocket	9.80€



Mozzarella, tomato and pesto

### TOSTAS QUENTES / HOT TOASTS

<b>Mista / Ham and cheese</b> Queijo Edam e fiambre / Ham and cheese	6.20€
<b>Vegetariana / Vegetarian</b> ✓ Queijo Edam, tomate, azeite e oregãos / Edam cheese, tomato, olive oil and oreganos	6.20€
<b>Atum / Tuna</b> Pasta de atum, queijo e tomate / Tuna paste, cheese and tomato	6.80€
<b>Presunto e brie / Smoked ham, rocket and brie</b> Presunto, queijo brie e rúcula / Smoked ham, rocket and brie cheese	7.50€
<b>Salmão / Smoked salmon</b> Salmão fumado, queijo Philadelphia e rúcula Smoked salmon, rocket and cream cheese	10.20€



Vegetarian toast



Tuna wrap

### WRAPS / WRAPS

<b>Atum / Tuna</b> Atum, tomate, alface, rúcula e cenoura Tuna paste, tomato, carrot and mixed leaf salad	6.90€
<b>Salmão / Salmon</b> Salmão fumado, queijo Philadelphia, tomate, alface, rúcula e milho Smoked salmon, cream cheese, tomato, corn and mixed leaf salad	9.90€
<b>Vegetariano / Vegetarian</b> Alface, rúcula, cenoura, tomate, milho e queijo Philadelphia Mixed leaf salad, carrot, tomato, corn and cream cheese	6.70€



Burrata salad

### SALADAS / SALADS

<b>Couscous / Couscous</b> ✓ Couscous, grão, queijo feta, rúcula e tomate cherry Couscous, chickpeas, rocket, tomato and feta cheese	10.80€
<b>Atum / Tuna</b> Atum, tomate cherry, milho, alface, rúcula e cenoura Tuna, carrot, corn, rocket, lettuce and cherry tomatoes	11.80€
<b>Burrata</b> ✓ Burrata de búfala, alface, rúcula, espinafres, oregãos, tomate cherry, nozes e vinagre balsâmico Burrata, walnuts, rocket, lettuce, spinach, cherry tomatoes, oreganos and balsamic cream vinegar	15.80€
<b>Salmão / Smoked salmon</b> Salmão fumado, queijo feta, alface, rúcula, tomate cherry, oregãos e vinagre balsâmico Smoked salmon, rocket, lettuce, feta cheese, cherry tomatoes, oreganos and balsamic vinegar	16.80€

### PETISCOS / SNACKS

<b>Azeitonas / Olives</b> ✓ Mini prato de azeitonas com azeite e oregãos / Small plate of olives with oregano and olive oil	4.80€
<b>Nachos com guacamole / Guacamole and tortilla chips</b> ✓ Abacate esmagado, cebola, coentros, sal e pimenta Smashed avocado with onion coriander salt and pepper	6.80€



Guacamole and tortilla chips

### PRATOS QUENTES / HOT MEALS

<b>Mini hambúrguer de vaca com batata doce / Mini Cheeseburger</b> Mini hambúrguer com queijo, tomate, alface, rúcula e batata doce de pacote Mini beef burger with cheese, tomato, lettuce, rocket and sweet crisps	11.90€
<b>Sopa do dia com croutons / Vegetable soup with croutons</b> ✓ Legumes frescos / Fresh Vegetables	4.90€
<b>Cachorro à Café do Forte / Our special hot dog</b> Salsicha, queijo Edam, alface, rúcula, cenoura, batatas de pacote e molho cocktail Sausage, carrot, lettuce, rocket, Edam cheese, cocktail sauce and crisps	6.90€
<b>Pizza Margherita / Margherita pizza</b> Extra: Atum, milho, rúcula ou tomate / Tuna, corn, rocket or tomato - 1.5€	14.90€
<b>Pizza da semana / Pizza of the week</b>	15.90€



Mini cheeseburger

### SOBREMESAS / DESSERTS

<b>Pastel de nata / Famous Portuguese custard cake</b>	1.80€
<b>Muffin (chocolate, simples, nozes ou amendoins)</b> Muffin Chocolate, Plain, nut or peanut	2.80€
<b>Caracol com canela / Cinnamon cake</b>	2.80€
<b>Crepe com açúcar e canela / Crepe with sugar and cinnamon</b>	5.90€
<b>Crepe com banana, chantilly e Nutella</b> Crepe with banana, whipped cream and nutella	7.20€
<b>Crepe com morangos, chantilly e Nutella</b> Crepe with strawberry, whipped cream and nutella	9.20€
<b>Açaí com granola e fruta / Açaí with fruit and granola</b> Extra: Topping de leite condensado ou mel / Honey or condensed milk - 1.00€	9.80€



# MENU



## BEBIDAS / DRINKS



### CAFETARIA / HOT DRINKS

<b>Expresso / Expresso</b>	1.80€
<b>Descafeinado / Expresso decaf</b>	1.90€
<b>Café BomBom, com leite condensado</b> Special expresso with condensed milk	2.20€
<b>Garoto ou pingado / Expresso with milk</b>	2.00€
<b>Americano ou abatanado / Americano</b>	2.20€
<b>Meia de leite / Americano with milk</b>	2.30€
<b>Galão / Latte</b>	2.60€
<b>Cappuccino com chantilly / Cappuccino with whipped cream</b>	3.60€
<b>Café com gelo / Iced Coffee (expresso with ice)</b>	2.00€
<b>Chocolate quente / Hot Chocolate</b>	3.80€
<b>Chá - vários sabores / Tea - choose your favorite</b>	2.20€

Special expresso with condensed milk



Cappuccino with whipped cream



### ÁGUAS / WATER

<b>Mineral sem gás / Still mineral water (0.5l)</b>	2.00€
<b>Mineral com gás / Sparkling water (0.25l)</b>	2.50€
<b>Mineral com gás e sabor a limão</b> Sparkling water with lemon flavour (0.25l)	3.00€
<b>Água das Pedras / Portuguese natural sparkling water (0.25l)</b>	3.00€

### SMOOTHIES / SMOOTHIES

<b>Manga, banana, leite e hortelã / Mango, banana, milk and mint leaf</b>	6.20€
<b>Morango, banana, aveia e leite de côco</b> Strawberry, banana, oat and coconut milk	7.20€

Mango, banana, milk and mint leaf



Strawberry, banana, oats and coconut milk

### SUMOS / JUICE

<b>Laranja / Fresh orange juice</b>	4.80€
<b>Morango / Fresh strawberry juice</b>	5.80€
<b>Ananás / Fresh pineapple juice</b>	5.00€
<b>Limonada com hortelã / Lemonade with mint leaves</b>	3.80€
<b>Limonada de morango com hortelã</b> Strawberry lemonade with mint leaves	4.50€
<b>Sumo detox / Detox</b> Abacaxi, maçã, espinafres e gengibre / Pineapple, apple, spinach and ginger	5.80€

Fresh orange juice



Lemonade with mint



### REFRIGERANTES / SOFT DRINKS

<b>Néctares Compal / Compal fruit juice</b>	3.20€
<b>Ice Tea de limão ou pêssego / Ice Tea (lemon or peach)</b>	3.30€
<b>Pepsi ou Pepsi Max / Pepsi / Pepsi Max</b>	3.30€
<b>7UP / 7UP</b>	3.30€
<b>Ginger ale / Ginger ale</b>	3.60€
<b>Red Bull / Red Bull</b>	4.80€

### VINHO / WINE

<b>Vinho Branco ou Tinto a copo / White or Red wine by the glass</b>	4.80€
<b>Vinho Verde garrafa / Green Wine bottle (37.5cl)</b>	12.50€
<b>Vinho Tinto ou Branco garrafa / Red/White Wine bottle (37.5cl)</b>	9.50€
<b>Mateus Rosé garrafa / Mateus Rosé bottle (37.5cl)</b>	12.00€
<b>Sangria Tinta ou Branca / Sangria Red/White (1L)</b>	20.00€
<b>Sangria de espumante (Cava) / Sparkling Sangria (1L)</b>	26.00€
<b>Vinho do Porto Tinto ou Branco / Oporto wine - Red or White</b>	5.20€



White wine Sangria

### CERVEJA / BEER

<b>Imperial (Só servimos imperial no verão)</b> Draft Beer (only during the summer months)	3.50€
<b>Sagres garrafa / Portuguese beer Sagres (33cl)</b>	3.60€
<b>Sagres Sem Álcool / Sagres alcohol free (33cl)</b>	3.60€
<b>Sagres Preta / Black Portuguese beer Sagres (33cl)</b>	3.60€
<b>Heineken / Heineken (33cl)</b>	4.30€
<b>Sidra de maçã Sommersby / Sommersby Apple Cider (33cl)</b>	5.20€



Mojito

### COCKTAILS E OUTROS / COCKTAILS AND SPIRITS

<b>Caipirinha / Caipirinha (with cachaça)</b>	8.50€
<b>Caipiroska / Caipiroska (with vodka)</b>	8.50€
<b>Morangoska / Morangoska (with vodka)</b>	9.00€
<b>Mojito / Mojito (with Rum)</b>	9.00€



Morangoska

<b>Gin tónico / Gin tonic</b>	9.50€
<b>Vodka tónico / Vodka tonic</b>	9.50€
<b>Aperol Spritz / Aperol spritz</b>	9.50€
<b>Whisky / Whiskey</b>	9.50€
<b>Ginginha / Portuguese fruit liquor</b>	4.20€